

# Pharm4Me Champions Newsletter

APRIL 2020

American Association of  
Colleges of Pharmacy **AACP**

PHARMACY  
Is Right For **Me**



## Champion Spotlight

### LuzMaria Hernandez

#### The University of Arizona College of Pharmacy

LuzMaria, Student Services Specialist, has worked tirelessly to promote the profession of pharmacy at the University of Arizona College of Pharmacy. Her resourcefulness and organizational talent have resulted in many new recruitment initiatives including 4 "Discover Pharmacy" Open House events across 2 semesters and at each of the 2 campuses (Tucson and Phoenix). She is wonderful in mobilizing faculty and Pharm.D students for recruitment opportunities to engage prospective students & parents.

### HOW TO NOMINATE

Email [pharm4me@aacp.org](mailto:pharm4me@aacp.org) to request the nomination form.

Self-nominations are welcome!

## SAVE THE DATES

AACP is exploring new digital recruitment opportunities to reach prospective students during the spring and summer months and will share more information shortly.

### AACP Pharmacy School Virtual Fair: September 30, 2020

Leverage the power of recruiting technology to engage with prospective students worldwide who are interested in learning more about Pharm.D and Graduate programs in Pharmacy Science. It all happens online, and includes; flexible hours, interactive chat rooms, and unlimited access to registered candidates information.

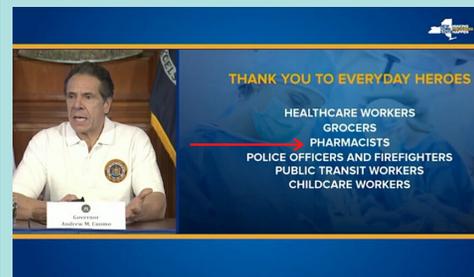
<http://www.careereco.com/events/AACP>

### Health Professions Week: November 14-19, 2020

HPW is a nationwide collaboration between today's healthcare and education organizations designed to provide reliable, accessible resources to explore careers in the health professions. HPW is your one-stop-shop to explore over 20 career options.

<https://explorehealthcareers.org/hpw/>

## PHARMACISTS: ESSENTIAL HEROS



New York Governor Andrew Cuomo publicly thanked **pharmacists** and other healthcare workers still working during the coronavirus pandemic. Now is a pertinent time to highlight the work that pharmacists do to as it pertains to; infectious disease, emergency care, vaccination, and other areas.

### How Pharmacists Are Helping to Manage and Prevent the Spread of COVID-19

Please reference and share the latest Pharm4Me blog post about "How Pharmacists are Helping to Manage and Prevent the Spread to COVID-19". <https://pharmacyforme.org/blog/>



## HOW TO COMPOUND HAND SANITIZER

Several news agencies have highlighted the efforts by colleges and schools of pharmacy to compound hand sanitizer during the coronavirus outbreak and help address the supply shortage. Here is a recipe that you can use at home and as an activity with prospective students.

### Ingredients:

- 3/4 cup of isopropyl or rubbing alcohol (99 percent)
- 1/4 cup of aloe vera gel (to help keep your hands smooth and to counteract the harshness of alcohol)
- 10 drops of essential oil, such as lavender oil, or you can use lemon juice

### Directions:

- Pour all ingredients into a bowl, ideally one with a pouring spout like a glass measuring container.
- Mix with a spoon and then beat with a whisk to turn the sanitizer into a gel.
- Pour the ingredients into an empty bottle for easy use, and label it "hand sanitizer."

Source: <https://www.healthline.com/>